(BONUS) Exercise List: Proving convergence of the Stochastic Gradient Descent for smooth and convex functions.

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1 Introduction

Consider the problem

$$
w^* \in \arg\min_{w} \left(\frac{1}{n} \sum_{i=1}^n f_i(w) \stackrel{\text{def}}{=} f(w) \right),\tag{1}
$$

where we assume that $f(w)$ is μ -strongly quasi-convex

$$
f(w^*) \ge f(w) + \langle w^* - w, \nabla f(w) \rangle + \frac{\mu}{2} ||w - w^*||^2,
$$
 (2)

and each f_i is convex and L_i -smooth

$$
f_i(w+h) \le f_i(w) + \langle \nabla f_i(w), h \rangle + \frac{L_i}{2} ||h||^2, \quad \text{for } i = 1, \dots, n.
$$
 (3)

Here we will provide a modern proof of the convergence of the SGD algorithm

$$
w^{t+1} = w^t - \gamma^t \nabla f_{i_t}(w^t), \quad \text{where } i_t \sim \frac{1}{n}.
$$
 (4)

The result we will prove is given in the following theorem.

Theorem 1.1. Assume f is μ -quasi-strongly convex and the f_i 's are convex and L_i -smooth. Let $L_{\text{max}} = \max_{i=1,\dots,n} L_i$ and let

$$
\sigma^2 \stackrel{\text{def}}{=} \sum_{i=1}^n \frac{1}{n} \|\nabla f_i(w^*)\|^2. \tag{5}
$$

Choose $\gamma^t = \gamma \in (0, \frac{1}{2L})$ $\frac{1}{2L_{\text{max}}}$ for all t. Then the iterates of SGD given by (4) satisfy:

$$
\mathbb{E} \|w^t - w^*\|^2 \le (1 - \gamma \mu)^t \|w^0 - w^*\|^2 + \frac{2\gamma \sigma^2}{\mu}.
$$
\n(6)

2 Proof of Theorem 1.1

We will now give a modern proof of the convergance of SGD.

Ex. 1 — Let $\mathbb{E}_t[\cdot] \stackrel{\text{def}}{=} \mathbb{E}[\cdot | w^t]$ and consider the tth iteration of the SGD method (4). Show that $\mathbb{E}_t \left[\nabla f_{i_t}(w^t) \right] = \nabla f(w^t).$

Ex. 2 – Let $\mathbb{E}_t[\cdot] \stackrel{\text{def}}{=} \mathbb{E}[\cdot|w^t]$ be the expectation conditioned on w^t . Using a step of SGD (4) show that

$$
\mathbb{E}_t \left[\|w^{t+1} - w^*\|^2 \right] = \|w^t - w^*\|^2 - 2\gamma \langle w^t - w^*, \nabla f(w^t) \rangle + \gamma^2 \sum_{i=1}^n \frac{1}{n} \|\nabla f_i(w^t)\|^2. \tag{7}
$$

Ex. 3 — Now we need to bound the term $\sum_{i=1}^{n} \frac{1}{n}$ $\frac{1}{n} \|\nabla f_i(w^t)\|^2$ to continue the proof. We break this into the following steps.

Part I

Using that each f_i is L_i -smooth and convex and using Lemma A.1 in the appendix show that

$$
\sum_{i=1}^{n} \frac{1}{2nL_i} \|\nabla f_i(w) - \nabla f_i(w^*)\|_2^2 \leq f(w) - f(w^*).
$$
 (9)

Hint: Remember that $\nabla f(w^*) = 0$. Now let $L_{\text{max}} = \max_{i=1,\dots,n} L_i$ and conlude that

$$
\sum_{i=1}^{n} \frac{1}{n} \|\nabla f_i(w) - \nabla f_i(w^*)\|_2^2 \le 2L_{\max}(f(w) - f(w^*)). \tag{10}
$$

Part II

Using (10) and Definition 5 show that

$$
\sum_{i=1}^{n} \frac{1}{n} \|\nabla f_i(w)\|^2 \le 4L_{\max}(f(w) - f(w^*)) + 2\sigma^2.
$$
 (11)

Ex. $4 \longrightarrow$ Using (11) together with (7) and the strong quasi-convexity (2) of $f(w)$ show that

$$
\mathbb{E}_t \left[\|w^{t+1} - w^*\|^2 \right] \le (1 - \mu \gamma) \|w^t - w^*\|^2 + 2\gamma (2\gamma L_{\text{max}} - 1)(f(w^t) - f(w^*)) + 2\sigma^2 \gamma^2. \tag{15}
$$

Ex. 5 — Using that $\gamma \in (0, \frac{1}{2L})$ $\frac{1}{2L_{\text{max}}}$ conclude the proof by taking expectation again, and unrolling the recurrence.

Ex. 6 — BONUS importance sampling: Let $i_t \sim p_i$ in the SGD update (4), where $p_i > 0$ are probabilities with $\sum_{i=1}^{n} p_i = 1$. What should the p_i 's be so that SGD has the fastest convergence?

3 Decreasing step-sizes

Based on Theorem 1.1 we can introduce a decreasing stepsize.

Theorem 3.1 (Decreasing stepsizes). Let f be μ -strongly quasi-convex and each f_i be L_i -smooth and convex. Let $K \stackrel{\text{def}}{=} L_{\text{max}}/\mu$ and

$$
\gamma^{t} = \begin{cases} \frac{1}{2L_{\text{max}}} & \text{for} \quad t \le 4\lceil \mathcal{K} \rceil\\ \frac{2t+1}{(t+1)^{2}\mu} & \text{for} \quad t > 4\lceil \mathcal{K} \rceil. \end{cases} \tag{18}
$$

If $t \geq 4\lceil \mathcal{K} \rceil$, then SGD iterates given by (4) satisfy:

$$
\mathbb{E}||w^{t} - w^{*}||^{2} \le \frac{\sigma^{2}}{\mu^{2}} \frac{8}{t} + \frac{16}{e^{2}} \frac{\lceil \mathcal{K} \rceil^{2}}{t^{2}} ||w^{0} - w^{*}||^{2}.
$$
\n(19)

Proof. Let $\gamma_t \stackrel{\text{def}}{=} \frac{2t+1}{(t+1)^2 \mu}$ and let t^* be an integer that satisfies $\gamma_{t^*} \leq \frac{1}{2L_n}$ $\frac{1}{2L_{\text{max}}}$. In particular this holds for

$$
t^* \ge \lceil 4\mathcal{K} - 1 \rceil.
$$

Note that γ_t is decreasing in t and consequently $\gamma_t \leq \frac{1}{2L}$ $\frac{1}{2L_{\text{max}}}$ for all $t \geq t^*$. This in turn guarantees that (6) holds for all $t \geq t^*$ with γ_t in place of γ , that is

$$
\mathbb{E}||r^{t+1}||^2 \le \frac{t^2}{(t+1)^2} \mathbb{E}||r^t||^2 + \frac{2\sigma^2}{\mu^2} \frac{(2t+1)^2}{(t+1)^4}.
$$
\n(20)

Multiplying both sides by $(t+1)^2$ we obtain

$$
(t+1)^{2} \mathbb{E} \|r^{t+1}\|^{2} \leq t^{2} \mathbb{E} \|r^{t}\|^{2} + \frac{2\sigma^{2}}{\mu^{2}} \left(\frac{2t+1}{t+1}\right)^{2}
$$

$$
\leq t^{2} \mathbb{E} \|r^{t}\|^{2} + \frac{8\sigma^{2}}{\mu^{2}},
$$

where the second inequality holds because $\frac{2t+1}{t+1} < 2$. Rearranging and summing from $j = t^* \dots t$ we obtain:

$$
\sum_{j=t^*}^{t} \left[(j+1)^2 \mathbb{E} \|r^{j+1}\|^2 - j^2 \mathbb{E} \|r^j\|^2 \right] \le \sum_{j=t^*}^{t} \frac{8\sigma^2}{\mu^2}.
$$
\n(21)

Using telescopic cancellation gives

$$
(t+1)^{2} \mathbb{E} \|r^{t+1}\|^{2} \leq (t^{*})^{2} \mathbb{E} \|r^{t^{*}}\|^{2} + \frac{8\sigma^{2}(t-t^{*})}{\mu^{2}}.
$$

Dividing the above by $(t+1)^2$ gives

$$
\mathbb{E}||r^{t+1}||^2 \le \frac{(t^*)^2}{(t+1)^2} \mathbb{E}||r^{t^*}||^2 + \frac{8\sigma^2(t-t^*)}{\mu^2(t+1)^2}.
$$
\n(22)

For $t \leq t^*$ we have that (6) holds, which combined with (22), gives

$$
\mathbb{E} \|r^{t+1}\|^2 \leq \frac{(t^*)^2}{(t+1)^2} \left(1 - \frac{\mu}{2L_{\text{max}}}\right)^{t^*} \|r^0\|^2 + \frac{\sigma^2}{\mu^2(t+1)^2} \left(8(t - t^*) + \frac{(t^*)^2}{\mathcal{K}}\right).
$$
\n(23)

Choosing t^* that minimizes the second line of the above gives $t^* = 4\lceil \mathcal{K} \rceil$, which when inserted into (23) becomes

$$
\mathbb{E}||r^{t+1}||^2 \leq \frac{16\lceil \mathcal{K} \rceil^2}{(t+1)^2} \left(1 - \frac{1}{2\mathcal{K}}\right)^{4\lceil \mathcal{K} \rceil} ||r^0||^2 \n+ \frac{\sigma^2}{\mu^2} \frac{8(t-2\lceil \mathcal{K} \rceil)}{(t+1)^2} \n\leq \frac{16\lceil \mathcal{K} \rceil^2}{e^2(t+1)^2} ||r^0||^2 + \frac{\sigma^2}{\mu^2} \frac{8}{t+1},
$$
\n(24)

where we have used that $\left(1-\frac{1}{2}\right)$ $\frac{1}{2x}$)^{4x} $\leq e^{-2}$ for all $x \geq 1$.

A Appendix: Auxiliary smooth and convex lemma

As a consequence of the f_i 's being smooth and convex we have that f is also smooth and convex. In particular f is convex since it is a convex combination of the f_i 's. This gives us the following useful lemma.

Lemma A.1. If f is both L –smooth

$$
f(z) \le f(w) + \langle \nabla f(w), z - w \rangle + \frac{L}{2} ||z - w||_2^2
$$
 (25)

and convex

$$
f(z) \ge f(y) + \langle \nabla f(y), z - y \rangle, \tag{26}
$$

then we have that

$$
f(y) - f(w) \le \langle \nabla f(y), y - w \rangle - \frac{1}{2L} \|\nabla f(y) - \nabla f(w)\|_2^2.
$$
 (27)

Proof. To prove (27), it follows that

$$
f(y) - f(w) = f(y) - f(z) + f(z) - f(w)
$$

\n
$$
\leq \langle \nabla f(y), y - z \rangle + \langle \nabla f(w), z - w \rangle + \frac{L}{2} ||z - w||_2^2.
$$

To get the tightest upper bound on the right hand side, we can minimize the right hand side in z, which gives

$$
z = w - \frac{1}{L} (\nabla f(w) - \nabla f(y)).
$$
\n(28)

Substituting this in gives

$$
f(y) - f(w) = \left\langle \nabla f(y), y - w + \frac{1}{L} (\nabla f(w) - \nabla f(y)) \right\rangle
$$

$$
-\frac{1}{L} \left\langle \nabla f(w), \nabla f(w) - \nabla f(y) \right\rangle + \frac{1}{2L} ||\nabla f(w) - \nabla f(y)||_2^2
$$

$$
= \left\langle \nabla f(y), y - w \right\rangle - \frac{1}{L} ||\nabla f(w) - \nabla f(y)||_2^2 + \frac{1}{2L} ||\nabla f(w) - \nabla f(y)||_2^2
$$

$$
= \left\langle \nabla f(y), y - w \right\rangle - \frac{1}{2L} ||\nabla f(w) - \nabla f(y)||_2^2. \quad \Box
$$

 \Box